

# Early Education and Prevention (Alcohol Tax) Health Policy Committee 6/5/2023



Anchorage  
Health  
Department

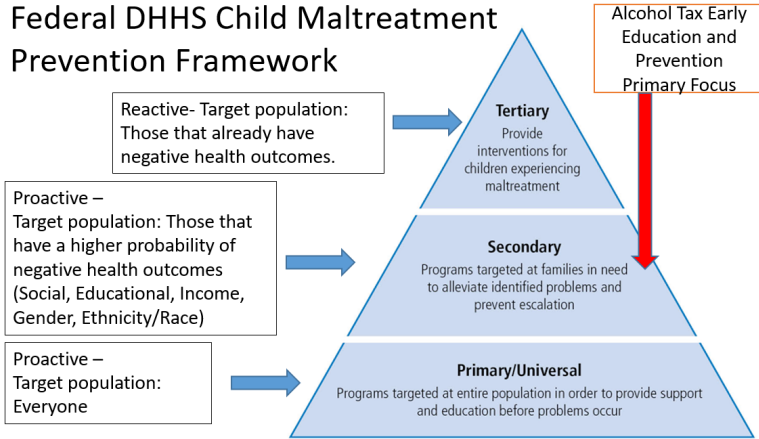


# Agenda

- Quick Review of Target Audience and Framework 2022
- Evaluation Rubric
- Funded Programs
- Spent vs. Awarded
- Health Pyramid Targets
- Protective Factors
- Amounts of Protective Factors provided
- Policy/System Lever – Survey Information
- Yearly budget funding

# Quick Review on the Framework

## Federal DHHS Child Maltreatment Prevention Framework



Source: Adapted from Bromfield & Holzer, 2008.

Figure 1

## Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support systems	Provider availability
Expenses	Safety	Early childhood education		Community engagement	Provider linguistic and cultural competency
Debt	Parks	Vocational training		Discrimination	
Medical bills	Playgrounds	Higher education		Stress	Quality of care
Support	Walkability				
	Zip code / geography				

### Health Outcomes

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations



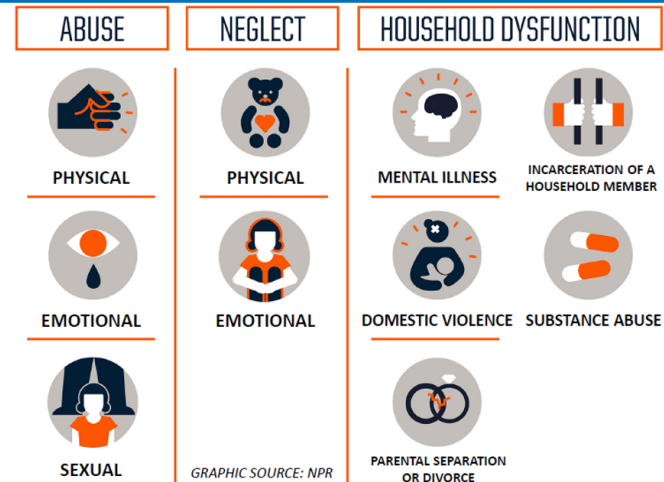
## Strengthening Families Framework (National Framework) – Created to address ACE's

### 5 Protective Factors

- Resilience**  
1. The ability to bounce back in difficult times. It means having good coping skills and self-care strategies.  
Parents who have more support are more responsive to their children, have better overall moods, and experience less depression, anxiety, and anger.
- Social Connection**  
2. No parent knows it all. Help is available to assist with parenting strategies that support physical, cognitive, language, social and emotional development.
- Knowledge of Parenting & Child Development**  
3. Children's social skills and emotional skills are just as important as academic skills.
- Social & Emotional Competence of Children**  
4. Services that can assist with things like housing, child care, and medical care help families manage stress. It's important to know where to find help and be supported to take the step to ask for it.
- Concrete Supports**  
5.

## Prevention and Mitigation of ACE's

### Adverse Childhood Experiences



2022

Early Education and

Prevention

Alcohol Tax Report

# 2022 RFGP Evaluation Rubric

Evaluation Criteria	Possible Points
Project Description and Scope	25
Target Population and Outreach	15
Values-Based Programming: Six Guiding Premises and Continuous Qualitative Improvement	15
Outcome Measures: Data Collection and Reporting	20
Budget and Budget Narrative	25
<b>Total Points Possible</b>	<b>100</b>

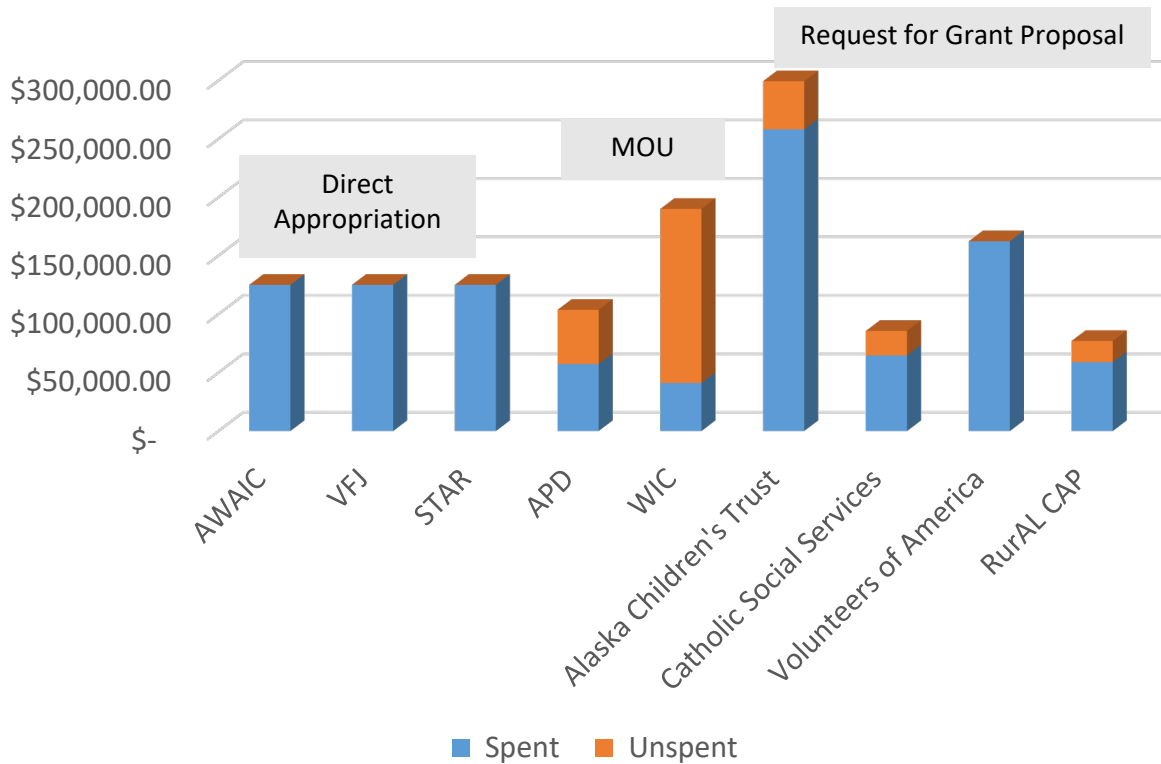
# 2022 Programs Funded

ACT	\$299,324
	CSA Community Awareness Survey
	HOPE Trainings for Parents
	CSA Prevention Trainings for Parents and Providers (EENK)
	Americorps Placement
	Online Safety Site
	Alaska Afterschool Network Conference
	Afterschool Certification Program
APD	\$103,628
	Overtime DV Victim Support
ASD	\$1,999,850
	Pre-K Classrooms and Mental Health Supports
	Countdown to Kindergarten Events
	Child in Transition Transportation
AWAIC	\$125,000
	Increased Intake Staff
CSS	\$85,607
	Parent Cafes
	Essential Skills Series
	Community Strengthening Families Training
Rural CAP	\$77,041
	Strengthening Families at Safe Harbor
STAR	\$125,000
	Sexual Trauma Prevention and Response
VOA	\$162,263
	Kinship Program: Home-Based Family Services
VFJ	\$125,000
	Direct Service position
WIC	\$190,000
	Increased Access and Nutrition Programs

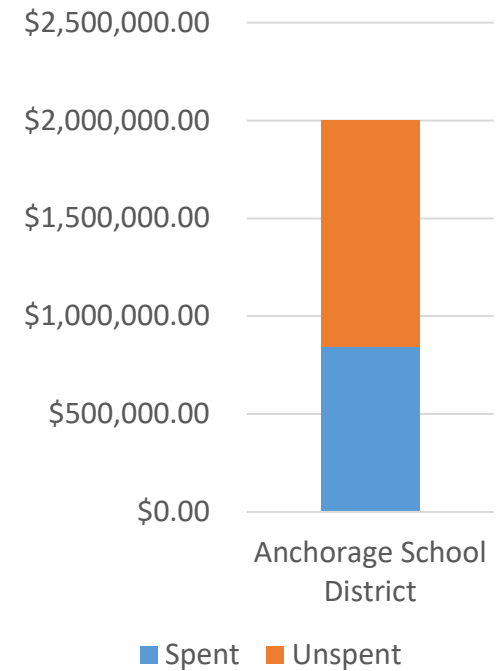
- 20 Programs across 10 organizations were funded totaling \$3.2 mil
- Programs in red were not able to be accomplished.
- 17 Programs operated in 2022
- Approximately \$1.3 mil was appropriated but not spent (challenges described later in the presentation)

# Spent vs Awarded with Dollars – By Organization

## Spent vs. Unspent

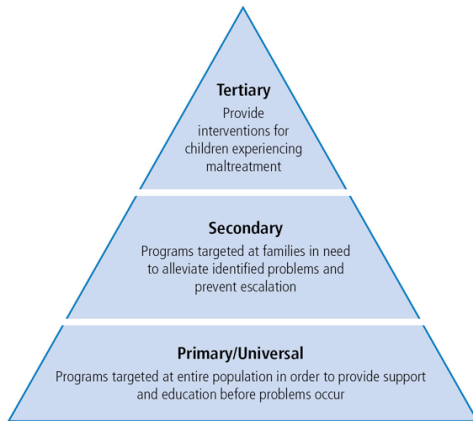


## Sole Source Spent vs. Unspent



# Health Pyramid Target Programs

## The funding targeted mostly Secondary Prevention strategies in line with the Theory of Change



Source: Adapted from Bromfield & Holzer, 2008.

18.6 % Tertiary  
58.8 % Secondary  
23.5 % Primary

		Primary	Secondary	Tertiary
ACT	\$299,324			
	CSA Community Awareness Survey	1		
	HOPE Trainings for Parents		1	
	CSA Prevention Trainings for Parents and Providers (EENK)		1	
	Online Safety Resource	1		
	Alaska Afterschool Network Conference	1		
APD	\$103,628			
	Overtime DV Victim Support			1
ASD	\$1,999,850			
	Pre-K Classrooms and Mental Health Supports		1	
	Countdown to Kindergarten Events	1		
AWAIC	\$125,000			
	Increased Intake Staff		1	
CSS	\$85,607			
	Parent Cafes		1	
	Essential Skills Series		1	
	Community Strengthening Families Training		1	
Rural CAP	\$77,041			
	Strengthening Families at Safe Harbor		1	
STAR	\$125,000			
	Sexual Trauma Prevention and Response			1
VOA	\$162,263			
	Kinship Program: Home-Based Family Services		1	
VFJ	\$125,000			
	Direct Service position			1
WIC	\$190,000			
	Increased Access and Nutrition Programs		1	
	<b>Totals</b>	<b>4</b>	<b>10</b>	<b>3</b>



# 2022 Protective Factors – Evidence-based Framework

		Understanding Childhood Development	Parental Resilience	Socio-Emotional competence of Children	Social Support	Concrete Support in times of need
ACT	\$299,324					
	CSA Community Awareness Survey	1				
	HOPE Trainings for Parents	1				
	CSA Prevention Trainings for Parents and Providers (EENK)	1				
	Online Safety Site		1			
	Alaska Afterschool Network Conference				1	
APD	\$103,628					
	Overtime DV Victim Support					1
ASD	\$1,999,850					
	Pre-K Classrooms and Mental Health Supports			1		
	Countdown to Kindergarten Events				1	
AWAIC	\$125,000					
	Increased Intake Staff					1
CSS	\$85,607					
	Parent Cafes		1			
	Essential Skills Series		1			
	Community Strengthening Families Training	1				
Rural CAP	\$77,041					
	Strengthening Families at Safe Harbor	1				
STAR	\$125,000					
	Sexual Trauma Prevention and Response					1
VOA	\$162,263					
	Kinship Program: Home-Based Family Services		1			
VFJ	\$125,000					
	Direct Service position					1
WIC	\$190,000					
	Increased Access and Nutrition Programs					1
	<b>Totals</b>	<b>5</b>	<b>4</b>	<b>1</b>	<b>2</b>	<b>5</b>

# 2022 Results – Knowledge of parenting and child development

## Everyday Actions

- Model developmentally appropriate interactions with children
- Provide information and resources on parenting and child development
- Encourage parents to observe, ask questions, explore parenting issues and try out new strategies
- Address parenting issues from a strength-based perspective

### **ACT:** CSA Community Awareness Survey

- Community Survey completed. 918 individuals surveyed, 16 individuals focused grouped. The CSA prevention inventory identified 28 curricula from 9 organizations

### **ACT:** HOPE Trainings for Parents

- 5 trainings held; 87 people in attendance

### **ACT:** CSA Prevention Trainings for Parents and Providers (Everything you Need to Know to Prevent Child Abuse, Vermont

- One staff member certified in EENK PCAVT training
- 50 individuals attended one of 4 trainings available
- Community organizations represented: Anchorage School District, Court Appointed Special Advocates, Alaska Afterschool Network, Alaska Relative and Kinship Providers, and Thread.

### **Rural CAP:** Strengthening Families at Safe Harbor

- Strengthening families Training completed by 2 staff to increase Trauma Informed Care of clients
- 45 hours of individual skill building
- 69 hours of psychotherapy
- 3 intakes
- 13 families moved to permanent housing

### **CSS:** Community Strengthening Families Training

- Four organizations represented: CSS, Providence Crisis Center, Alaska Premier Care Coordination, Salvation Army
- 14 hours of classes over 3 days
- 12 individuals participated

# 2022 Results –Concrete Support in times of need

## Everyday Actions

- Respond immediately when families are in crisis
- Provide information and connections to services in the community
- Help families to develop skills and tools they need to identify their needs and connect to supports

### AWAIC:

- Crisis line calls: 511
- Handoffs to other organizations; 127
- Calls handled internally: 384
- Number of contact hours for crisis line: 83
- Number of clients served at reception area: 2,747
- Number of individuals referred to other service via reception area: 30
- Number of contact hours provided by funded positions: 1544
- Legal Advocate: 175 participants assisted, 174 phone calls answered, 87 protective orders

### STAR:

- Total Number of Program Participants Served: 399
- Total Number of SART Responses: 113
- Average length of response: 6 hours
- Crisis hotline calls:1611
- Average length of call: 20 minutes
- Individual Support Sessions: 1000
- Average length of session: 1 hour

### APD:

- 200 CV warrants attempted
- 130 DV orders attempted
- 14 DV subpoenas attempted
- 15 patrol officers volunteered for this overtime
- 4 non-sworn employees were able to gain additional experience

# 2022 Results –Concrete Support in times of need

## Everyday Actions

- Respond immediately when families are in crisis
- Provide information and connections to services in the community
- Help families to develop skills and tools they need to identify their needs and connect to supports

### VFJ

- 283 individuals, 155 families served
- 137 hotline calls (Victims For Justice does not operate a hotline; however, it does frequently receive calls from people seeking assistance that VFJ does not provide. VFJ refers those callers to appropriate resources. These calls are the reported "hotline" calls)
  - Average length of call: 16 minutes
  - 137 soft handoffs to other organizations
- 45 APD referrals
  - 40 handled internally, 5 referred to other organizations

### WIC

- 4394 calls completed for client retention
- 61 outreach contacts
- 700 taxi vouchers issued
- 159 transportation vouchers redeemed
- 4315 individuals receiving nutrition supports
- 18,524 individuals participating in WIC and SNAP-ED programs
- 509 individuals took advantage of produce matching benefits

# 2022 Results – Parental Resilience

## Everyday Actions

- Demonstrate in multiple ways that parents are valued
- Honor each family's race, language, culture, history and approach to parenting
- Encourage parents to manage stress effectively
- Support parents as decision-makers and help build decision-making and leadership skills
- Help parents understand how to buffer their child during stressful times

### **CSS:** Parent Cafes:

- 13 Parent Cafes, 12 onsite hours, 14 virtual hours,
- 19 Participants from 18 families
- 10 case manager home visits

### **CSS:** Essential Skills Series:

- 10 unduplicated individuals participated, 4 completed
- 6 families participated
- 7 classes occurred totaling 24.5 hours
- 14 Case manager home visits totaling 17 visitation hours

### **VOA:** Kinship Program:

- 5 families (5 adults and 7 youth) completed VOA programming; minimum of 2 home visits and 10 or more service hours
- Staff attended at least 49 hours of professional development training (new staff attended additional sessions related to Strengthening Families)
- 10 children and 8 adults participated in total
- 1 mental health assessment completed
- 8 family needs scale assessments completed
- 19 home visits
- 154 care coordination activities
- 18 support groups facilitated

# 2022 Results – Social Connections

## Everyday Actions

- Help families build value, build, sustain and use social connections
- Create an inclusive environment
- Facilitate mutual support
- Promote engagement in the community and participation in community activities

### **ACT:** Alaska Afterschool Network Conference

- 177 attendees from Anchorage
- 63 scholarships for Anchorage providers

### **ASD:** Countdown to Kindergarten Events including Play to Learn

- 23 Countdown to Kindergarten Events
- 6,016+ individuals in attendance
- 91 Play to Learn play groups held
- 163 people in 10 cohorts of play groups

# 2022 Results –Socio-Emotional Competence of Children

## Everyday Actions

- Help parents foster their child's social emotional development
- Model nurturing care to children
- Include children's social and emotional development activities in programming
- Help children develop a positive cultural identity and interact in a diverse society
- Respond proactively when social or emotional development needs extra support

## **ASD:** Pre-K Classrooms and Mental Health Supports

- 8 classrooms in operation by Spring 2022 serving 123 students
- Eagle River Elementary, Klatt Elementary, Northwood Elementary, Nunaka Valley Elementary, Ptarmigan Elementary, Muldoon Elementary, Wonder Park Elementary, and Taku Elementary.
- At-risk children in 42 school locations benefit from mental health consultation.
- Mental health supports include: in-person observations and meetings, virtual check-ins, direct services and coaching with preschool teachers based on needs of students and staff.

# 2022 Results – Policy/Systems – CSA Community Readiness Assessment

- **918 Respondents across Anchorage for Child Sexual Abuse Prevention Community Readiness Assessment.**
- **Online surveys and focus groups.**
  - **Group 1: Parents and primary caregivers**
  - **Group 2: Youth-serving professionals**
  - **Group 3: Response professionals including law enforcement (including one interview)**
- **Readiness measures between 4 and 5 on 9 point scale.**
  - **This shows a minimum level of awareness, knowledge, and engagement.**
  - **This score falls short of where major changes can really start to happen.**
- **A sizeable slice of the population who report being very engaged and knowledgeable about the issue.**
  - **Just under 20% of people have taken a CSA training course through education organizations like ASD and DEED, health organizations like OCS, through volunteer organizations like STAR, through their work, their houses of worship, through sports coaching, scouting or independently.**
- **The survey suggests that there is a veritable army of concerned and engaged citizens, on call and waiting for marching orders.**
- **[Link to Child Sexual Abuse Community Readiness Assessment](#)**



# Long Term Data Monitoring

# Original Survey Data for Long Term Monitoring

## **Healthy Alaskans**

- Updated yearly – Pulled from several different data sources, not a singular survey
- Does not include Anchorage-specific data anymore – Data team capacity issues
- Data lags behind (reporting is current to 2020 which is prior to the Alcohol Tax)
- Next scorecard is to be published in August 2023
- Has defined ‘Health Objectives’ for 2023 which shows how each health objective is improving or not improving

## **Youth Risk Behavioral Surveillance System (YRBSS)**

- Conducted every odd year through the Anchorage School District
- Traditional and Alternative high school data is separated
- 2021 survey was cancelled. Most recent data is from 2019.
- Will report when survey data is available for 2023.

## **Behavioral Risk Factor Surveillance System (BRFSS)**

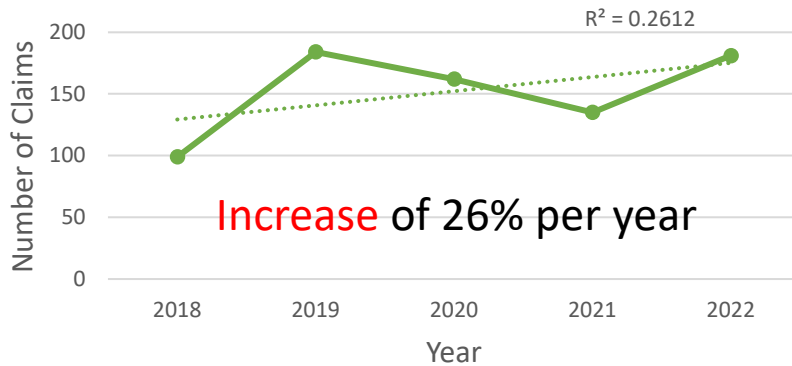
- Does not contain ACEs questions anymore, as of 2016
- Social Determinants of Health questions will be available for 2022, 2023, and 2024 (then will be revisited again in 10 years).
- Anchorage specific data is available when a survey is completed.
- This data should be available in the coming years to see potential changes in health outcomes.

## **Office of Child Services (OCS)**

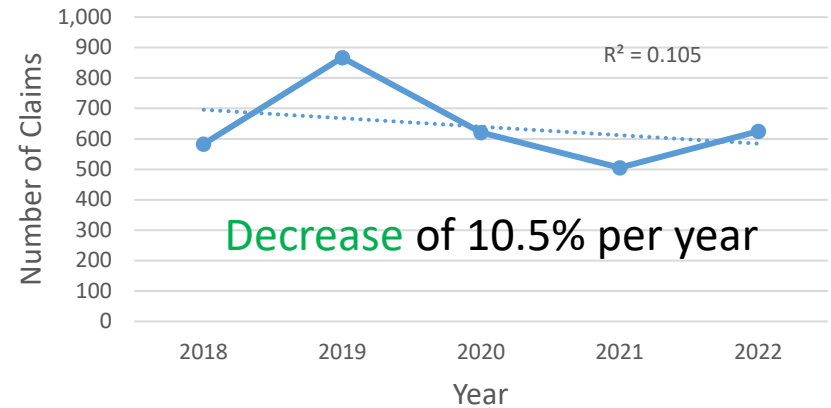
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# OCS Substantiated Claims by Type

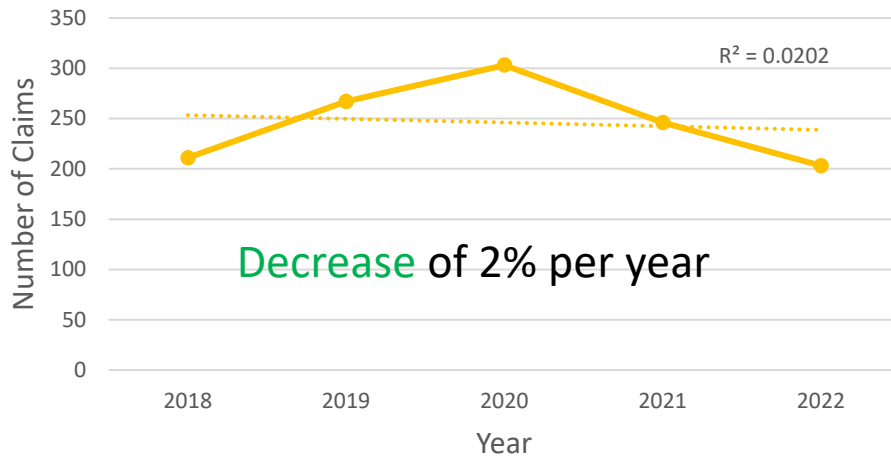
## Anchorage Substantiated Claims of Physical Abuse



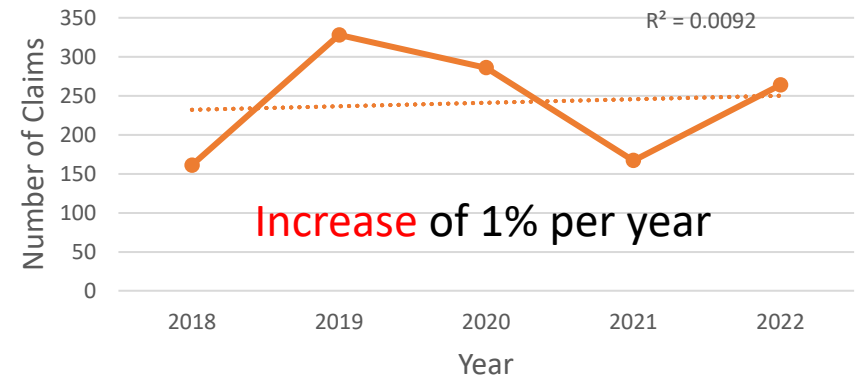
## Anchorage Substantiated Claims of Neglect



## Alaska Substantiated Cases of Sexual Abuse

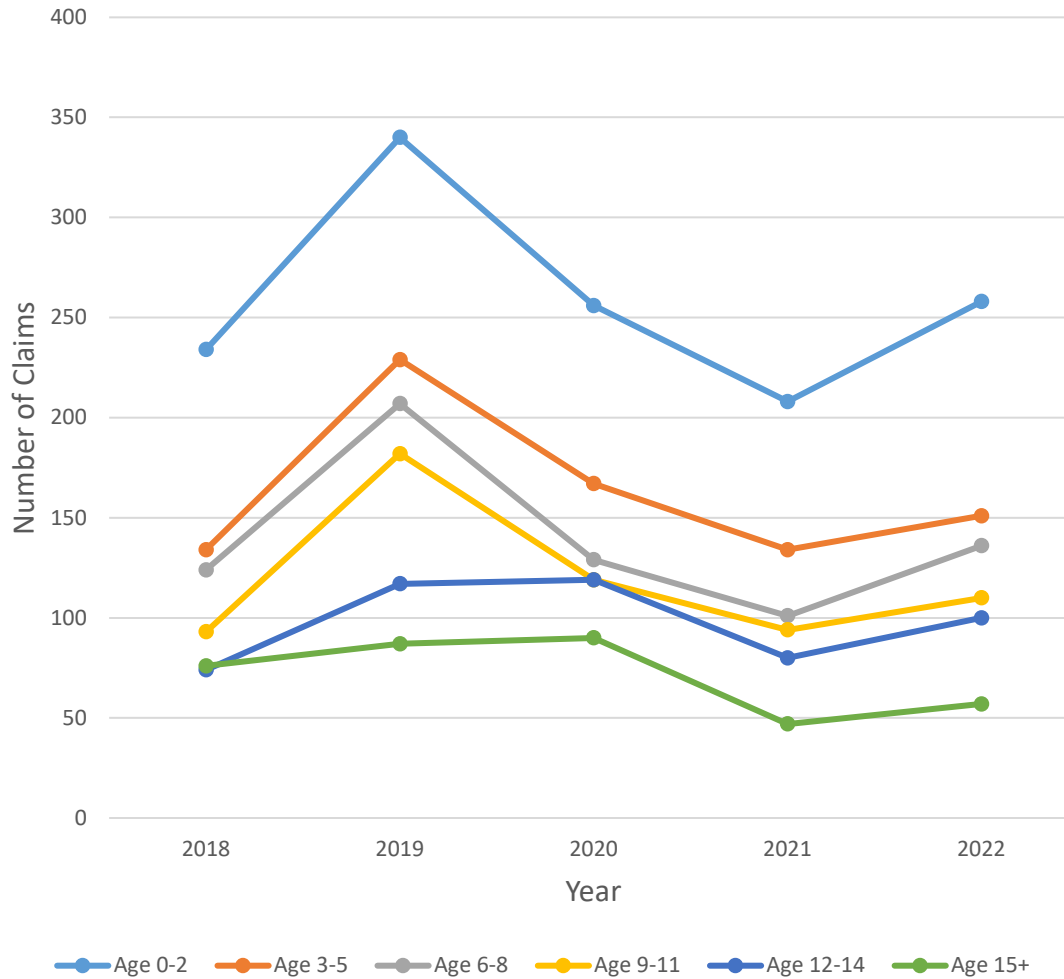


## Anchorage Substantiated Claims of Mental Injury

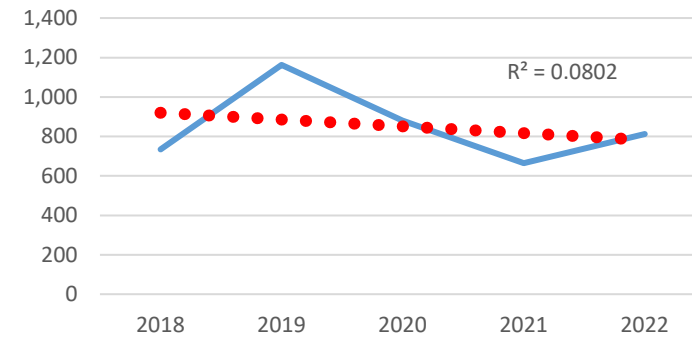


# OCS Substantiated Victims by Age

## Anchorage Substantiated Victims by Age



## Overall Anchorage Substantiated Victims by Age



Decrease of 1% per year

# Questions?



# Thank you!



**Anchorage  
Health  
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