



# CHUGIAK- EAGLE RIVER SENIOR CENTER

- ▶ 22424 N. Birchwood Loop  
Chugiak, AK 99567
- ▶ 907.688.2674
- ▶ [www.chugiak.org](http://www.chugiak.org)





---

# ABOUT CERSC

Chugiak-Eagle River Senior Center is a non-profit organization, founded in 1975 to serve the needs of seniors aged 60 and over as well as disabled adults who live in the greater Eagle River and Eklutna areas.

We provide services that are geared toward helping individuals maintain their independence and remain in their chosen community.

## Membership Pricing

\$ 30.00 for individual membership

\$ 45.00 for a couple's membership

\$150.00 for individual lifetime membership

\$225.00 for couple's lifetime membership





# HOUSING OPTIONS

To meet the needs of our seniors, we offer three styles of living within our beautiful sprawling campus.

- 42 Independent apartments
- 20 Low-income apartments
- 20 Assisted Living units

Housing Manager: Laurie Moffitt



# ADULT DAY SERVICE

Adult Day Service (ADS) is a nonresidential program which provides social and additional support services to individuals with a variety of challenges.

## Forms of Payment:

- Medicaid Choice Waiver
- Sliding fee scale to qualifying seniors thanks to a grant from the Alaska Commission On Aging.





# BILL STOLTZE CAFE

Come Join us for Lunch. All ages welcome.

- Lunch includes one entrée or sandwich of the day, soup and salad bar.
- Monday – Friday, 11:30am – 1:00pm
- Individuals under 60 pay \$10.00
- Seniors 60+ receive lunch on a donation basis of \$7.00

Food Services Manager: Andrew Leonard



# EXERCISE AND WELLNESS

Chugiak-Eagle River Senior Center has plenty of options to keep our seniors and community members healthy and active.

Access to our fitness center is now included with a membership to CERSC.

- Group exercise classes
- Octane Recumbent Elliptical machine
- Nustep machines
- Precor Recumbent bikes
- Treadmill
- Inspire M5 Weight system
- M1 HighRise Rowing Machine

Unlimited Instructor Led Group Ex Classes  
\$30 monthly per person



# MEALS-ON-WHEELS

Meals on Wheels (MOW) program operates on individual donations and grants. Delivering lunch Monday-Friday to home-bound seniors living in the Chugiak-Eagle River area.

## Who is Eligible?

- Individuals aged 60 years or over are home bound.
- Individuals aged 60 years or over who are ill.
- Disabled Individuals under 60 who live at home with persons 60 years or over.
- Spouses or family members living with persons 60 years or over.

Suggested donation of **\$7**.

We are a Medicaid Choice Waiver provider!





# TRANSPORTATION

## Senior Transportation

Our Transportation Department operates on individual donations and grants. We provide a variety of transportation services to Seniors (age 60+) living in the Chugiak – Eagle River area from Hiland Road to Eklutna.

## Transportation Hours:

Monday – Friday Pick up starting at 6:30am  
Last pick up in Eagle River 5:00pm and  
Anchorage 4:30pm





# CERSC SERVICES

The Chugiak-Eagle River Senior Center provides quality services to meet the needs of our community.

- Blue Eyes Hair Design
- Catering
- CPR Classes
- Latte Fun Espresso Café
- Notary Public
- 6 Penny Nails

# ACTIVITIES

The Chugiak-Eagle River Senior Center is a community center. A safe place for support, encouragement, and friendship.

Memberships and donations are a crucial to continue our mission in the community.

CHUGIAK-EAGLE RIVER  
SENIOR CENTER

*Christmas*

HOLIDAY BAZAAR

NOV  
**11**

10AM-4PM

**FREE ENTRY**

22424 N BIRCHWOOD LOOP  
CHUGIAK, AK

INTERESTED IN RESERVING A BOOTH?  
CALL 688.2685 FOR DETAILS ON REGISTRATION

[www.chugiak.org](http://www.chugiak.org)  
f @chugiak-eagleriverseniorcenter  
i @chugiakseniorcenter



## **COST CATEGORIES 2023**

## **TOTAL GRANT BUDGET**

**1. Insurance Premiums (General Liability, Workers Compensation, Auto, Cyber, and/or Professional Liability)**

**\$134,000**

**2. Employee Health Insurance Premiums**

**\$179,280**

**3. CarePredict System and Subscription**

**\$6,720**

**TOTAL**

**\$ 320,000**

## Proposed Budget 2024

<b>1. Salary – Outreach Nurse</b>	\$	95,000
<b>2. Outreach Supplies</b>	\$	500
<b>3. Insurance Premiums (General Liability, Workers' Compensation, Auto and/or Malpractice)</b>	\$	147,613
<b>4. Health Insurance Premiums</b>	\$	180,452
<b>TOTAL</b>	\$	423,565